

# January 2025

## Hot topics / In the News



“A study led by researchers at the UCLA Health Jonsson Comprehensive Cancer Center has found that many cases of high-risk nonmetastatic hormone-sensitive prostate cancer may be more advanced than previously thought.”

“The study, published in *JAMA Network Open*, found that nearly half of high-risk [prostate cancer](#) patients previously classified as nonmetastatic by conventional imaging actually have metastatic disease when evaluated with advanced prostate-specific membrane antigen–positron emission tomography (PSMA-PET) imaging, suggesting that traditional imaging may underestimate how far the cancer has spread in many cases.”

<https://medicalxpress.com/news/2025-01-advanced-imaging-uncovers-hidden-metastases.html>

## Advanced imaging uncovers hidden metastases in high-risk prostate cancer cases

by University of California, Los Angeles



Credit: CC0 Public Domain



<https://www.christie.nhs.uk/about-us/news-at-the-christie/latest-news-stories/diabetes-drug-reduces-side-effects-of-hormone-therapy-in-men-with-advanced-prostate-cancer>

See also next slide



## Conclusions

BARCELONA 2024 **ESMO** congress

- No clear evidence that adding metformin to SOC increases OS in unselected patients with mHSPC
- Some evidence of benefit for outcomes in the pre-specified, but not pre-powered, subgroup with high-volume compared to low-volume disease, that requires further evaluation
- Most metabolic parameters improved significantly with metformin irrespective of disease volume, what may translate to reduced cardiovascular deaths in the future
- Further research warranted for patients treated with an ADT-androgen receptor pathway inhibitor doublet backbone



## Response and Progression Criteria for PSMA PET: Imaging Prostate Cancer Outcomes - Wolfgang Fendler



The video player interface features a blue header with the text 'mCRPC' in white. Below the header, there are two portrait photos of speakers. To the right of the photos, the names and affiliations of the speakers are listed. At the bottom left of the video frame, there is a logo for 'URO TODAY 21+ years GU ONC TODAY'. The video player controls at the bottom include a play button, a volume icon, a progress bar showing '0:00 / 17:53', a '1x' speed indicator, and icons for share, download, and full screen.

mCRPC

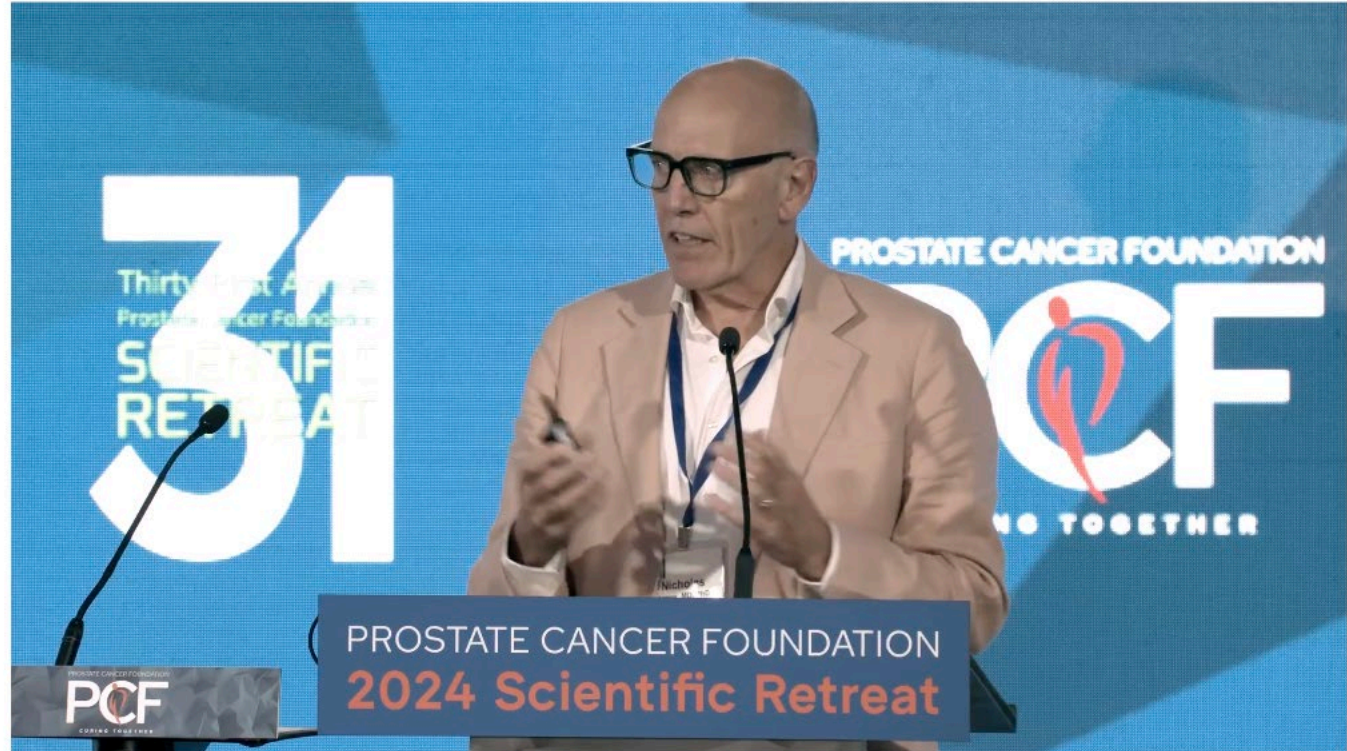
A. Oliver Sartor, MD  
Mayo Clinic

Wolfgang Fendler, MD  
University of Duisburg-Essen and German Cancer Consortium (DKTK),  
University Hospital Essen

URO TODAY 21+ years GU ONC TODAY

0:00 / 17:53 1x

<https://www.urotoday.com/video-lectures/imaging-prostate-cancer/video/4445-response-and-progression-criteria-for-psma-pet-imaging-prostate-cancer-outcomes-wolfgang-fendler.html>



### Special Lecture: Lessons from 20 Years of STAMPEDE

31st Annual PCF Scientific Retreat: October 25, 2024 | 8:00 AM – 8:20 AM

Nicholas James

<https://www.pcf.org/scientific-retreat/31st-annual/special-lecture-stampede/>

# National PC Partner Support Group,

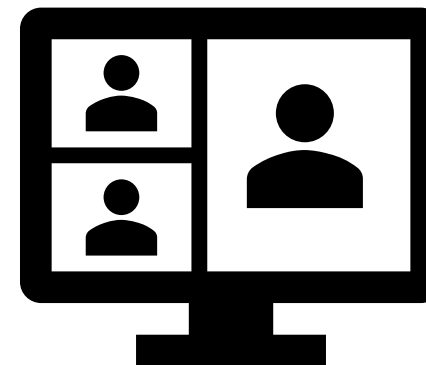
on Zoom. (Partners only, not patients.)

**Supporting partners of those diagnosed with Prostate Cancer. Partners should email Janet Daykin and Caroline if they wish to attend.**

[janetldaykin@gmail.com](mailto:janetldaykin@gmail.com) [carolineopcsq@gmail.com](mailto:carolineopcsq@gmail.com)



Tuesday 28th January  
Monday 17th March  
Tuesday 29th April  
Monday 16th June  
Tuesday 22nd July  
Monday 15th September  
Tuesday 28th October  
Monday 15th December



6.30pm start with room  
opening at 6.10pm



# Living Well with Advanced Prostate Cancer Virtual Support Group

For those diagnosed with Advanced Prostate Cancer.  
Please email [aidan.adkins@tackleprostate.org](mailto:aidan.adkins@tackleprostate.org) if you wish to attend.




**Monday 27th January**

**Monday 24<sup>th</sup> February**

**Monday 24th March (4<sup>th</sup> Monday)**

6.00pm start



**Living Well  
with  
Advanced  
Prostate  
Cancer**  
Virtual Support Group

**Monthly Zoom Meeting**

Last Monday of every month  
6-7.30pm

**Contact for more details:**  
[aidan.adkins@tackleprostate.org](mailto:aidan.adkins@tackleprostate.org)  
[www.tackleprostate.org](http://www.tackleprostate.org)

- Diagnosed with Advanced Prostate Cancer?
- Has your Prostate Cancer returned?
- You are not alone. Join others who are in the same boat

#TogetherWeTackle

**tackle**  
prostate cancer





**Thank You**